



www.thepeopleschemist.com | 970.375.2266

The People's Chemist Custom Nutrition Plan

The People's Chemist.com™ specializes in tailored nutrition plans for the busy professional. Each one is meticulously designed for the individual by Shane "The People's Chemist" Ellison.

What does the Plan Consist of?

Whatever your personal goal, a custom plan by The People's Chemist.com™ is sure to help you achieve it. The custom plan consists of *two* visits (either in person or by telephone) and a voluntary blood draw.

After completion of your second visit you will be given lifestyle and nutrition guidelines based on your blood analysis and stated health and/or athletic goals. These will be accompanied by a personalized exercise protocol designed to fit your schedule and ability as well as a nutritional supplement plan if needed. And finally, a review of current prescription drugs that you might be taking or considering will be discussed. We will highlight pro's and con's of each prescription drug and their natural alternatives, if any.

Cost:

Two Payments of \$250.00 (first payment to reserve appt. second payment on first meeting.)

Release of Liability

The People's Chemist.com does not offer medical advice. We specialize in healthy lifestyle habits and nutrition – not medicine. By signing below you are stating that you understand this. You are also releasing The People's Chemist.com™ of *all liability*. We do not claim to cure, prevent or mitigate disease.

_____	_____	_____	_____	_____
Client Name	Date	Date of Birth	Weight	Height
_____	_____	_____	_____	_____
Name on Credit Card	Card Number	Expiration Date	Phone Number	

Billing Address

About:

Shane Ellison holds a masters degree in organic chemistry. An ex-drug chemist, he has over a decade of experience in natural products as medicine (drug design) and biochemistry. He is a two time recipient of the prestigious Howard Hughes Medical Institute research award for his work in physiology and biochemistry. He is author of *Health Myths Exposed* and *The Hidden Truth about Cholesterol-Lowering Drugs* and co-author of *101 Great Ways to Be Healthy* with Dr. Mercola.